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Bomb threats disrupt residence halls No leads found in last week's bomb scare

ampus Safety has no new leads on two bomb threats that were called into residence halls last week, Basil Owens, Lieutenant at Campus Safety, said.

Owens added that this is the first time this semester that residence halls have been the target of bomb threats. Last spring, Millikan Hall had a bomb threat. No bomb was found in that dorm. Usually most

bomb threats are restricted to academic buildings.

The first bomb threat was called into Campus Safety on Sept. 23 at 9:25 p.m. Dietrich Hall was the alleged target of the bombing. Campus Safety officers evacuated the building and searched for the bomb. No bomb was found.

The second bomb threat was called in directly to Phillips Hall at 3:22 p.m. on Sept. 24. The deskworker on duty notified the head residence assistant, and then notified Campus Safety. Owens said that the deskworker should have called Campus Safety first to allow enough time for evacuations.

Owens said the caller said the bomb would explode in ten minutes. Owens said that when Campus Safety arrived at Phillips Hall, there was barely enough time to get people evacuated because of the delay caused when the call was first received. No bomb was found.

"If we have any time at all to do

a search, we'll do a search of the building," Owens said. "If (the terrorist) wants to, he can set it off.

Owens believes that students may call in bomb threats to residence halls because of a grudge against a particular staff or a resident in that dorm.

"Most of your terrorists-they won't hit that type of facility," he

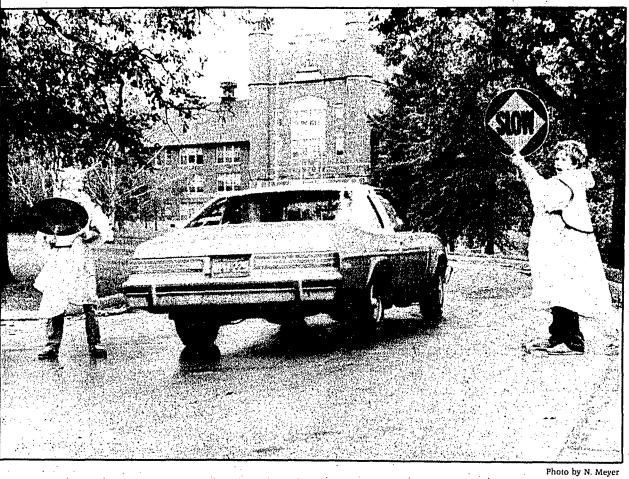
Reporting a false bomb report in

a public place or vehicle carries a punishment of up to one year in the county jail or a \$5,000 fine under Missouri law. If anyone is injured during an evacuation as a result of a false bomb report, there can be additional charges filed against the criminal, Owens said.

Owens said that the current telephone system doesn't allow for any type of tracers to be placed on the University phones to track bomb threats. Instead, Campus Safety is considering other options. Owens declined to comment on those options.

He added that anyone with information about last week's bomb. threats, or any other bomb threats from last semester, can give information to Campus Safety at 562-1254. Names will be kept confidential.

"We handle them as if they're the real thing," Owens said. "You never know if some weirdo is going to do it."



guards outside of Wells Hall during last

Two Horace Mann pupils serve as cross-week's rainstorms. They help other pupils

State universities skeptic over proposed change

hese days, Southwest Missouri State University students wear sweatshirts that display the logo of a college-Missouri State University-that doesn't even exist.

Some 110 miles away, at the University of Missouri-Rolla, students are ticked off about it.

Sweatshirts, anger, accusations and territorial instincts have surfaced ever since some SMSU students and administrators started lobbying to convince the state legislature to change the name of their school to a more-euphonious Missouri State University.

Besides sounding better, "the name change will help with accreditation," Stephen Howell, a SMSU junior, said.

It will also help "separate" SMSU from the state's tongue-twisting collection of other state schools like Southeast Missouri State; Northeast Missouri State and Northwest Missouri State universities, Howell said.

To one administrator, who requested anonymity, "our current name has a regional stigma attached to it" that could be cleansed with a switch to Missouri State.

"The university has developed enough and is continuing to develop to warrant the change," Paul Kincaid, director of SMSU's university relations and a supporter of the name change, which the campus administration is promoting in the legislature.

"It's time our image catches up with reality," Kincaid said.

To the opponents, changing SMSU's name to Missouri State would be misleading, if not downright uppity.

"It's their perogative," said Ron Hines, an official at the state's other SMSU-Southeast Missouri State University—"but it's not your name that attracts students, it's the quality of education."

"SMSU is a regional institution now, and it fulfills its mission very well." Robert Francis, UMR's student president, said. "It allows people who are not (University of Missouri) material to go to school and become functioning members of society."

Francis doesn't want SMSU

elevated to the ranks of Kansas State, Michigan State, and Oklahoma State, insisting the Missouri name would "imply a research university."

And before anyone knew what was happening, Francis fears "SMSU would want to become one of them."

"I don't think anyone here considers this as a threat to the University of Missouri," the anonymous SMSU administrator replied. "We do not have any great designs to duplicate what they have."

Repairs underway cross the road by stopping through traffic. despite lack of funds Homecoming finalists announced

our seniors and a junior were selected Saturday as finalists for Homecoming Queen. Maya Benavente LaVista, Neb.; Jodi Brady, Lee's Summit, Mo.; Stephanie Carter, Maryville, Mo.; Lisa Lutes, Independence, Mo.; and Kim Ray, Buckner, Mo; were selected by a committee of faculty and students, as Homecoming finalists. Twentyfive candidates had been nominated for the title.

Homecoming elections will be held next Tuesday and will be crowned at the conclusion of the Homecoming Variety Show on Oct. 9.

Elections will be from 8 a.m. to noon at the information booth in the Union; noon to 4 p.m. in the Bearcat Den; and 4 p.m. to 6 p.m. in Taylor Commons. The Homecoming Queen and her court will reign during the remainder of the Homecoming activities on Oct. 10-11.

Benvente, a senior majoring in organizational communications, is sponsored by the Delta Chi fraternity. She is a member of the Sigma Sigma Sorority and the Chi Delphians. She is a past vice president of Inter-Residence Hall Council and the Perrin Hall Council.

Benvente was the Student Senate secretary last year, and has been a member of Phi Beta Lambda and Phi Eta Sigma honorary societies. She is a residence hall assistant this year.

Brady, a senior majoring in psychology, is sponsored by M-Club. She has served as a Student Ambassador for the Admissions Office for the last two years, and is a Dean's List student.

Brady has been a member of the Bearkitten volleyball squad for four years. She is currently the captain of the 1986 squad. Brady is a member of M-Club, and is the current president of Fellowship of Christian Athletes.

Carter, a senior majoring in marketing and business management, is sponsored by the American Marketing Association(AMA). She is a member of the Alpha Sigma Alpha sorority, and has been a Bearcat Steppers pompon member for four years. She is currently the captain of the squad.

Carter is the treasurer of the AMA, and secretary for the Public Relations Student Society of America. She has served as a Student Ambassador for the Admissions Office for the last three years, and is a Dean's List student.

Lutes, a senior majoring in business management, is sponsored by Millikan Hall. She is a member of Sigma Society, and is a past vice president of the South Complex Hall Council. She is a member of the National Residence Hall Honorary and the Cardinal Key Honor Society.

Lutes has served as a Student Ambassador for the Admissions Office for the past three years. She is a residence hall assistant this

Ray, a junior majoring in broadcasting, is sponsored by the Delta Sigma Phi fraternity. She is a member of the Alpha Sigma Alpha sorority, and is a classical music



The 1986 Homecoming finalists are (from left to right) Stephanie Carter, Kim Ray, Jodi Brady, Lisa Lutes and Maya Benavente. The queen will be crowned on Oct. 10.

disc jockey for KXCV at Northwest. Ray is a member of the Young

Democrats and is a Bearcat Steppers pompon member.

BY BRET BAILEY

everal dorms and buildings on the Northwest campus face renovations or some other type of maintenance work. Often these repairs consist of plumbing, electricity, heating, and, in some cases, improvements on the elevators. Many buildings at Northwest could use these improvements, but due to a tight budget, repairs are determined by what is most serious and what needs to be done immediately. Currently, Cook and Richardson Halls are getting a new roof. Perrin and Hudson Halls are slated for news roofs next year.

Bruce Wake, director of housing, said that placing a new roof on Cook and Richardson Halls will cost close to \$40,000. On top of that expense, Housing must deal with routine repairs, such as a faulty light switch in a room or troubles with heating and plumbing, resulting in costs around \$100,000. Currently Housing operates on a budget of approximately \$1.7 million. Not only do problems such as building reparations and time limits build up, budget difficulties arise as well.

The budget for Housing is determined by the number of students who are residents of the dorms. The money made from those who pay to live in the residence halls makes up the budget.

Approximately 2,225 students now live on the Northwest campus. According to Wake, to break even there must be 2,450 people living in the dorms, which have a total capacity of 2,840. Wake added "there's a chance we could finish in the red," due to the decrease in enrollment at Northwest this

"We'd love to fix them all at once, but the money isn't there," Wake

Repairs go beyond the visible. Exterior repairs on the walls, bathrooms to remodel and more energy conservation windows to install are all necessary expenses that must wait until they become absolutely necessary. Wake said that a budget of between \$1 million and \$3 million would be necessary to get all the needed maintenance completed.

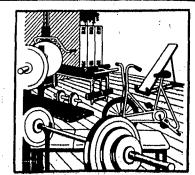
A major problem in the current expense list of the Housing Office is vandalism of the elevators. Many people force the doors open on the elevator, which eventually wears them out and causes inconveniences for students using the elevators and the Housing Office.

Wake noted that it costs a minimum of \$250,000 to fix the elevators. The reason-it-is-so expensive is the University must call for the elevator repairperson from Kansas City. This creates a costly bill for time (possible overnight stay); labor and repair costs.

"(The elevators are) damaged strictly from vandalism," Wake said. "It's upsetting when people don't take care of what they have."

In the past five years, wear and tear on equipment and materials have taken their toll. In that time, \$1 million has been spent on repairs to plumbing, boilers, and roofs. Wake said that approximately five years ago, \$450,000 was spent just on Roberta Hall, and that money didn't fix a third of that hall.

INSIDE THE MISSOURIAN



The 12-oz. Curl

Campus workouts for student dieters

see page 4



For the fun of it

Synchronized swimming club offers fun/exercise

see page 8

International

Daniloff returns home free

WASHINGTON—The U.S. freed convicted Soviet spy Gennadiy Zakharov Tuesday, one day after American journalist Nicholas Daniloff was released from confinement in Moscow Monday.

"I am not a spy," Zakharov said. He departed from Washington Tuesday shortly before Daniloff arrived in the United States. "What can I say?" Daniloff said. "I'm overwhelmed. Well, I'm awfully glad it's all over. I never knew what was going to happen next."

President Reagan, riding on the success of the Daniloff case, announced this week that he and Soviet leader Mikhail Gorbachev would meet Oct. 11-12 in Iceland.

National—

Drug bill sets new regulations

WASHINGTON—The Senate passed its version of an \$642 million anti-drug bill on Tuesday.

The bill increases penalties for dealing in drugs and steps up federal law-enforcement efforts.

Unlike the Senate's version, the House version of the bill passed last week includes a death penalty for drug dealers who commit murder. It also provides for using the military to pursue and arrest drug dealers.

Leaders of both houses expressed confodence that enough time remained in the session to work out the differences and send the bill to President Reagan.

State

Bond halts negative ads

WASHINGTON—Republican Kit Bond announced Tuesday that he had halted his negative U.S. Senate campaign ads in an effort to shift to a positive media campaign.

"We are totally on positive commercials nows, and I think the people of Missouri have been turned off by the negative (ads) and I think that is going to be a major problem for her because she continues to be running negative ads," Bond said.

He was referring to his opponent in the race, Democrat Harriett Woods.

Mark Ulven, press secretary for Woods, said that this week's Woods' ads are both positive and don't mention Bond.

"I don't take anything he says about positive campaigns as serious," Ulven said.

Lotto expects to hook players

Kansas City, Mo.—Missourians began playing the state's new Lotto game yesterday in hopes of winning the \$1 million jackpot.

The object of the game is to pick six numbers, from 1 to 39,

The object of the game is to pick six numbers, from 1 to 39, that match the numbers spewed out of a vat holding 39 numbered balls.

State officials had delayed Lotto to allow for installation of 1,200 computers in stores around the state. The first drawing for the jackpot will be Oct. 11.

Career open house creates awareness

BY CINDY RATHKE Staff Writer

he Career/Placement Office held open house earlier last week to acquaint students with the renovations and new expansion of its services.

"We had a good attendance," Martha Cooper, director of Career/Placement Office, said. "We were pleased."

Invitations were sent to Northwest juniors and seniors informing them about the open house. Cooper said that approximately 140 students attended the event on September 23 and 24. Job search seminars were held both days for participants.

Pat Taylor, Placement Technician, was available to answer students' questions about searching for employment opportunities as part of Northwest's new 'networking' program.

Taylor will be working with the Career/Placement Office to facilitate contacts between job seekers and potential employers, especially in the Kansas City, Mo., area. Taylor has already matched sever-

al students with employers.

The changes in the Career/Placement Office include new video equipment and job-related videos. Cooper said that the objective of the videos is to let the student see the interview situation as a whole.

"We have hard copies (telling students what to do in an interview), but it doesn't give quite the same picture (than video)," Cooper said.

Cooper said that video tape for interviewing purposes would be purchased in the near future.

The Career/Placement Office is also expanding its services in the

overseas job market. For example, Northwest is currently working to bring Japanese officials here to recruit teachers for teaching positions in Japan.

The Career/Placement Office has also added new bulletin boards, that will contain professional jobs listings from Kansas City as well as local listings.

"I want students to realize that we can provide a tremendous amount of support for their job search," Cooper said, "but that ultimately the job search responsibility is theirs, and they do have to prepare for it."

Act sensitive to student concerns

COLLEGE PRESS SERVICE

he average American college student should be pleased with the long-delayed but crucial Higher Education Reauthorization Act of 1986, even if students didn't get everything the college lobby in Washington wanted, the U.S. Student Association (USSA) said.

"Basically, it's a good reauthorization bill," Kathy Ozer, director of USSA's lobbying efforts. "The bill shows sensitivity to the students' needs on campus, and is somewhat reflective of those concerns."

The \$10.2 billion bill, which was supposed to be passed in early 1985, finally emerged from a House-Senate conference committee only last week.

The new legislation effectively gives Congress the authority to fund all federal college programs—from student aid to campus housing—and sets rules that will govern the programs for the next five years.

As the old Higher Education Act of 1980 came up for renewal, both Education Secretary William Bennet and the Heritage Foundation, a think tank with close ties to the administration, said they hoped to make the 1985 renewal process a deep reassessment—and a pruning—of government's role in higher education.

Distracted by other budget and policy concerns, however, the administration never got around to submitting its proposals for the new law, which updates the 1980 reauthorization act.

The versions passed by the House and the Senate during the summer had some 700 differences on issues like how students might qualify for student aid through the rest of the decade.

The conference committee finished ironing out the differences last week. Now the House and the Senate will vote on the compromise version, and, if they approve it, send it to President Reagan for enactment this month.

"We didn't get everything we wanted, and we still have some things in it we didn't want," Mary Preston, a USSA staffer. "For example, we still have the origination fee for Guaranteed Student Loans."

The five percent fee, which covers "administrative costs," Preston said, is taken out of GSLs

immediately, so students get only 95 percent of the money "as if they had gotten 100 percent" of the GSL.

Ozer said that the bill also takes into account the plight of parttime students and the need for financial aid—which, she adds, is something never done before.

The compromise version does let part-time and less-than-half-time students qualify for Pell Grants and other forms of federal aid, and is a "major victory" for lobbyists, Ozer said.

Preston added that the measure especially will help "displaced homemakers and unemployed steel workers who are forced to take just one class at a time."

In recent years, Preston said, the federal government had "penalized" those students "by telling them they were too poor" to get money for school.

Other observers report that a new two-year deferment for borrowers unable to repay student loans under some circumstances may even help drive the default rate down.

Dallas Martin of the National Association of Student Aid Adminis-

trators, an influential college lobbyist in Washington who largely wrote the Higher Education Act of 1980 himself, said the "good" compromise version may indicate the end of the days of colleges taking their lumps in Congress.

"I think people are increasingly concerned about higher education," he said. "In practice, education declined in support the past five or six years."

Senator Robert Stafford from Vermont, chairman of the Senate Education, Arts and Humanities committee, agrees with Martin.

"What this (reauthorization) bill means to American college students is, basically, that programs for college assistance—particularly to the lower and middle income student—will be there," Stafford said.

"The emphasis, more than ever before, is on Pell Grants and Guaranteed Student Loans," he added.

Because inflation is so low now, Stafford said, the committee recommended a clause to accomodate any additional monies which became available without changing the reauthorization bill itself.



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Ingratitude abounds

Perhaps living in an age when appreciation and gratitude often take a back seat to presumptuousness has produced an aura of thanklessness at Northwest. It seems that for each comment made regarding the virtues of the University, there are at least seven malicious remarks being uttered simultaneously across campus. An air of cynicism surrounds any discussion of current University issues. Complaints resound when the opinions of Northwest students are expressed. If you were to stop the "average" Joe Bearcat on campus and ask his view of any recent topic concerning the University, expect to be barraged with grievances about the many faults of "the system." Is this an appropriate attitude to take about your own almamater-to-be? Has ingratitude replaced every minor display of thankfulness at Northwest permanently?

EDITORIAL

'Count your blessings," An often misused and disregarded cliche, the phrase embodies the total concept

of being appreciative. It takes but a moment to acknowledge the strengths of this University. Yet, if you will notice, once a person has made the decision to air his or her grievances about campus life or issues, it is nearly impossible to stop. The only product of lowering this "beef" boom is, at best, relief (accompanied by little or no other tangible results) or, at worst, frustration (also coupled with ineffectuality). Therefore only a minute's contemplation proves gratitude to be practical, beneficial and much less offensive to those who have been subjected to the babble of thanklessness.

Has anyone ever told you, "Northwest has such a beautiful campus"? "Everyone is so friendly there, too!" If only we had each a \$100 bill for every time we've heard these or similar statements. Many of us could probably retire from a college career on the profits reaped. This campus is chock-full of beauty and warmth; it pervades a natural charm and gracefulness rarely beheld at other institutions. One would have to travel great distances to see as glorious sunsets as can be seen from the west third-floor windows of the B.D. Owens Library at dusk. At how many other schools could you say, "Hello," to each person you passed on the sidewalk and have your greeting returned in so cordial a manner?

Thus, to criticize without considering and admitting to the virtuous aspects of your institution of higher education is as fair to the University as prejudice is to any minority. Northwest can only be appreciated for its true worth when it is not presumed that the school exists solely for the individual's personal use (or, in some cases, abuse). If we take time to accept the positive aspects Northwest has to offer and make an attempt to appreciate our University for its better qualities, then will we have learned a more difficult lesson of life: gratitude.

THE FAR SIDE

By GARY LARSON



Seconds later, Mrs. Norton was covered with ink

COLLEGE PRESS SERVICE LET'S SEE WHAT WE CAN DO FOR YOU ...

Stroller's midnight dreary

Not long ago (last night to be exact) Your Stroller sat by his window researching his topic on Edgar Allen Poe. It was to be his essay for his Lit. class, and he had been amusing himself with it for the greater part of the afternoon. Work after work of Poe began to seep into his brain until no more would fit. He gazed outward through his window as

the night deepened, so deepened his mood. Then a knock came from the bedroom door; Your Stroller answered for the person to enter. He now had the opportunity to examine this person. He was tall in stature, very thin and apparently of unsound mind. His clothes reeked of brewery, as if he had been at some party. He asked Your Stroller if he would like to go back to the party with him and Stroller answered with an "aye", for he was tired of studying and his brain told him, "No more."

It was now fully night-fall and a thick humid cloud hung over the city. This weather had an odd effect upon the crowd as they swayed to the thunderous music and swaggered in a never-ending line to the bathroom.

Stroller approached the bar and was handed a drink, then he peered into the other room. The wild affects of the light led him to an examination of individual faces but the movement of the people swaying in and out of the lights prevented him from casting more than a glance upon each visage until he could take no more.

The party wore on as Your Stroller wore down. With his brow to his glass, the effects

of the drink began to enter his soul as well as his bladder. He became occupied in scrutinizing the mob: couples entangled in a wild embrace, small groups of people bouncing coins into a drink, while others were paying homage to the porcelain god. During a brief moment of his original survey, he began to form some analysis of the meaning conveyed. The gathering of people were here in merriment, in lust, in malice, in desperation, in thirst-in supreme despair. He became aroused, startled and fascinated at the sight. but the drinks that had distilled into his soul now began to filter into his mind and it was time for Your Stroller to leave for he could take no more.

Back in his room upon the midnight dreary, Your Stroller pondered, weak and weary. He sat in his chair pondering over the events that had taken place, his mind cluttered from the bottles that surrounded him on the floor. His head fell to his breast, nearly napping, when suddenly there came a tapping at his bedroom door.

"Only a drunken fool," he muttered, "tapping at my bedroom door, only this and nothing more."

The wind began to stir, rustling his curtains as it breathed in and out of his window pane. Then a fluttering sound began to beat against his window, and so faintly yet another tapping came from his bedroom door. He scurried across the floor to open wide the door; in the hallway there was no one, only darkness and nothing more.

He went back to his chair and noticed the movement of the sky. The clouds were moving and the wind was howling as the building began to sway under the thunderous sky. He picked up another bottle to settle his nerves as he lay down in bed. His mind began to spin, as if he were in warp five. The room began to stir and his leg frantically searched the floor to stop this merry-goround, for he could take no more.

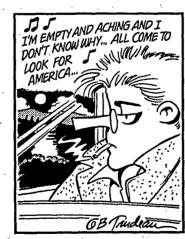
He sat in his bed, wondering if he was insane or if the distilled spirit was merely taking reign. Though its answer little meaning, little relevancy bore, yet again another tapping came from his chamber door. Your Stroller hollered, "I hear you rapping at my bedroom door, be gone with you before I nab you and leave you bloodied upon the floor." After that he heard nothing more.

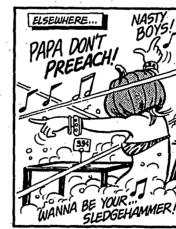
Thirty minutes later as the clock read upon the wall, Your Stroller's nerves began to settle into a conscious state. He surveyed the room, beholding the sight, that something...something didn't seem right. All too soon there came a rapping at his bedroom door. He raced to his door and wondered at the sight; there, in the hallway light, stood a frightened little man and a tired-looking hall director on his right. His fear began to soar at the thought that raced through his mind in fright, for he was in the wrong room in the middle of the night. As Your Stroller was being written up, he vowed to do it--no more.

Doonesbury









BY GARRY TRUDEAU

How do you like student life at Northwest? Is campus life what you expected?



In Your Opinion Shaun Goldsworth

Freshman

"Student life at Northwest is an exciting experience, compared to life in (my hometown). I've met a lot more people than I thought I would. I expected a lot more studying than what I've seen going on here so far this semester."

ACP All-American

Kirsten Knoll **Executive Editor**

Teri Adamson **Advertising Director**

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Letters to the editor are welcomed, and must be signed the the writer's full name, address and telephone number for

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Doug Scharf Sophomore

Dave O'Brien

"I like campus a lot because I'm meeting a lot of people. Compared to last year, it's much better.".



Sophomore "Student life at Northwest is one of the most exciting experiences I have adventured yet. Campus life is great, there are so many goodlooking girls and that's what I expected. They even say 'Hi' to you when you walk by, unlike some colleges."

Exercising the college way

New workouts offer assistance for 'college ten'

Trying to lose weight on a college campus may sound easy, but it's not. The stereotype of a "starving college student" has been extinct for quite some time now, leaving behind a few stragglers and many students who are beginning to overeat. The typical college student is now seen with something edible, whether it be cookies, apples, chips, pizza or just a can of pop. The availability of food and its easy access make dieting more than just tough-they make it nearly impossible.

It is because of the availability and easy access to food that many people are beginning to follow strange and creative weight loss plans, such as a liquid diet, a grapefruit diet, or any other such strange diets.

Finding a diet that fits your

OFF-THE-WALL

needs and interests is not always easy, so I have devised a plan that is perfect for the average college student. Maybe the word "diet" is inappropriate for this plan; it's more like a new line of exercises that anyone can do.

THE PIZZA RUN

This exerecise is very easy. The first step is to get out of your favorite easy chair or sofa and walk toward the telephone. Dial the number of your favorite pizza place (the closer to home the better) and order the pizza of your choice. Do not order the pizza to be delivered-this is an exercise for you, not your fingers that got the workout in dialing the phone. Order the pizza either to eat in or take out. The waiter should tell you how long it should take, but if he doesn't, be sure to ask. There is no better way to determine how much time you have.

Now that the pizza has been ordered, you must go pick it up. Put

By Kimbal Mothershead

those car keys down! Driving to the store defeats the whole purpose. Begin to limber up (that's right--we're running) by doing a few leg stretches outside. Once you feel you're ready, begin running in the direction of your pizza. Don't stop running--be sure to work up a good sweat. When you get to the pizza place, sit down and eat. Running works up a good appetite and, unless you get some food into your system, you'll be in a bad mood all day.

THE WASHING-MACHINE TONER

The washing-machine toner is a very simple exercise that is done only once or twice a week, depending on how often you do laundry. Simply load your clothes into the washer and turn it on. When the wash reaches the "spin" cycle, climb on top of the washer and sit on it. Soon the machine will begin shaking violently (maybe not violently, depending on the machine) and the movement will put your flab to work.

THE 12-OZ. CURL

This exercise is relatively flexible. It can be done as often as the participant feels the need, wherever the participant feels the need. and with any type of "equipment" the participant desires.

Before starting, the "equipment" must be purchased. This exercise requires an unlimited supply of any beverage in 12-ounce cans. The most popular drinks used are diet colas, regular pop or beer.

If home is the desired spot for your exercising, I strongly suggest sitting down, preferably in front of the television. This will insure that the main emphasis is placed on the arms, which is what the exercise was designed to work on.

Once you are sitting down, carefully remove a can of your beverage and pop it open. Place the can in your right hand and slowly bring it up to your mouth. Take a small drink and slowly bring the can down and put it back on the endtable. Continue doing this until the can is empty. When you feel like having another can, repeat the process, except use your left hand instead.

Being creative in losing weight doesn't take much and it makes dieting a lot more fun than following some strict rules for the rest of your life. All you need to do is take an everyday occurance and turn it into an exercise.



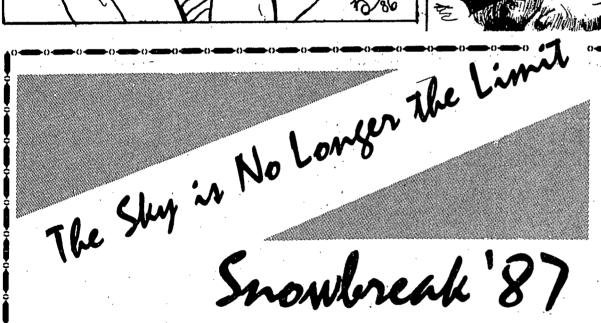
'The Children's Hour'

The portrait, "The Children's Hour was just one of the many exhibited by Susi Ettinger at her art show at Northwest last

If there aren't any more questions, I now want you to write a comparison sketch between Reagan and Mickey Mouse and how they influenced America.











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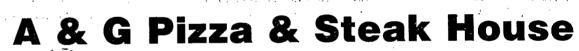


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Celebration begins

Preparation and work continues

BY JULIE ERNAT **Entertainment Editor**

History repeats itself every fall at Northwest. Alumni travel back for it, and students celebrate it with a parade, a football game, a variety show and parties.

The event is Homecoming and is officially here Oct. 11, the day of the game and parade. The Variety Show, a few days earlier, actually starts off the festivities. However, planning began a semester prior.

Last spring a committee of student leaders picked a Homecoming theme for the fall of 1986. "History worth repeating" was the choice. It was a change from the past few years' emphasis on fairytales and cartoon characters.

Homecoming revelry will start at the Variety Show Thursday night at 7 p.m. in the Charles Johnson Theatre. Emcees Rob Goodale and Randy Wrisinger will introduce skits, comedy acts, singing duets and the new Homecoming queen who will be crowned at the end of the show. The show will be repeated Friday evening at 7:30

Over 13 acts tried out for the eight to nine available spots in the show. Final eliminations were made Monday night.

"Everyone has an equal chance," Brian Parker, variety show co-chair and student, said. Parker stressed that entertainment value and quality was emphasized first.

It was determined that the best acts would be chosen. In past years, a specific number of Greek and non-Greek skits were required.

The next scheduled event will be the parade. It will begin winding its way toward mainstreet from the southwest side of campus at 9:30 a.m., Saturday.

Parade co-chair and student Jeff Ranum believes one of the biggest challenges will be designing the line-up. There will be over 36 bands in the pa-

rade this year which is double last year's number. They will need to be spaced out carefully among clowns, floats and ialopies in order not to drown each other out.

The parade will be broadcast on KNWTTV Channel 10 Saturday at 6 p.m. and on Sunday at 10 a.m. and 6 p.m. as well as throughout the following week. It will also be shown in the Tarkio and St. Joeseph areas-a. first time occurence.

The biggest event of all will start at 1 p.m. when the Nortwest Bearcat football team take on the Miners of the University of Missouri-Rolla.

The game will include halftime entertainment provided by the Bearcat Marching Band, Steppers and Flag Corp.

The Homecoming trophies for such events as the best float or housedeck, pomped yard decoration, will be awarded at the end of the game.

Events will not end till late that evening when the greek organizations will have parties to welcome back their alumni.

"People don't realize how much time goes into it (Homecoming) and that the students do it all," Norma Higginbotham, overall student cochairman said.

Committees not mentioned before which play key roles in helping events happen smoothly include the queen, signs and banners, and the judges commitee.

The queens committee organized the interviews necessary in choosing the queen finalists. The students will then vote during the week for the candidate whom they feel would represent Northwest.

The judges committee is responsible for finding area people who are non-partial and willing to judge the parade and variety show entries.

The signs and banners committee performs duties similiar to a public relations department. They design posters and announce upcoming events.

"We want to make everyone aware of what's going on so no one misses the excitement," Randy Wolf, student cochairman of the committee

Case's first solo album mixes styles

BY JOHN PHILLIPS Staff Writer

Peter Case wants and deserves a little respect.

With the release of his first solo effort, self-titled "Peter Case," he

may receive some.

His former group, the Plimsouls, was a rock 'n' roll band in the truest sense. Unfortunately, they were widely ignored by the public.

Most critics dismissed the Plimsouls as a cookie-cutter early '80s semi-punk band with little character and slightly above average

The Plimsouls' credibility was slightly damaged when they appeared in the 1983 teen movie "Valley Girl." The movie included their most popular, and probably best song, "Million Miles Away," as well as, "Oldest Story in the World."

However, the critics could not ignore Case, an artful lyric writer with an emotionally charged voice.

The Plimsouls released only one major label album, and then faded away from the Los Angeles music scene.

Now, three years later, Case has reemerged, this time with an album spooky lyrics and weeping harmonworthy of high praise.

Each song is highlighted with upbeat, almost happy guitar. mysterious, brooding lyrics about life and human relationships; bad and good times.

Some songs send the listener on beat. nostalgic trips into the past. Others analyze the present or create anxi- Burnett, the album has a personal, ety about the future.

Case delves into the human psyche, and pulls out little bits of thought which listeners can identify with.

Human nature dictates the need to want what we can't have. However, getting what we want can be a disappointment.

Case sings of this phenomenon in

"I fell in love with a millionaire's daughter/ People in hell want icewater."

Well, the poor boy and rich girl go ahead and get married anyway. However, they find out that life isn't a fairy tale.

The couple end up living in a shack where the girl dreams about the past, and the boy remembers the first time he saw her.

Listeners are swept into the narrarator's past during "Horse and Crow." Case's voice takes them to the scene where they become directly involved with the characters.

The album's lyrics are backed with a contagious blend of rock drums, folk guitars and blues style harmonicas.

'Walk in the Woods" is a cut with icas. It is backed with a strangely

The sentimental, slightly sappy lyrics of "I Shook His Hand" are saved by a quick, up-tempo rock

Produced by the talented "T-Bone" heartbreaking sound. When listen- problems. Some of the songs are my record collection.

Ex-Plimsouls member Peter Case's first solo album, titled "Peter Case", combines several rock styles.

the road and coffee in all-night diners are dominant thoughts.

Case is not Bob Dylan. Yet, this album is sort of a poor-man's 1986 version of Dylan's "Highway 61 Revisited." A couple of the cuts are reminiscent of his folk/rock mix, especially the toe tapping "Old Blue

ing, visions of lonely nights out on almost too depressing. Hearing about crime sprees and wasted lives can disturb some people.

Also, the harmonica-laden music may get tiring for those who are accustomed to the sterile, programmed synthesizer sounds of most modern music.

Nonetheless, he has my respect. His first, hopefully not last, solo al-The album does have its bum will occupy a lofty position in



Top Five Albums

1. R.E.M. "Lifes Rich Pageant"

2. The Smiths "The Queen is Dead"

3. Gene Loves Jezebel "Discovery"

4. 54/40 "54/40"

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5. Agent Orange "This is the Voice"

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Independent organizations GOOD

Gipson fuses art, wit BY JOHN PHILLIPS

Staff Writer

If you heard laughter coming from inside the union Tuesday, chances are it was caused by Steve Gipson, comedian.

Gipson, a native of Alabama, now living in Atlanta, Ga., has been touring as a comedian for about 11 years. He travels about 300 days per year, and during that time visits over 150 college campuses.

"I would much rather do colleges than nightclubs...nightclubs are too smoky, and they really don't pay very well," Gipson said.

However, he said that he would entually like to try some of the larger comedy clubs, such as the Los Angeles' Comedy Store and The

Gipson's act combines art, comedy, and music. He came upon this format by accident.

"I started drawing carictures of people in shopping malls for extra money," Gipson said. "People hung around just to listen to me joke

around in between the music." He has found the music to be a helpful part of his show. "People can't help smiling when they hear "The William Tell Overature," Gipson said. He believes that it makes his show different from other come-

dians' shows. Like most comedians, Gipson gets his material anywhere he can find it. "Comedians aren't normal people...we see things in a different, more humorous way, not like ac-

countants," Gipson said. Gipson illustrated this philosophy with a box of rubber bands. "To everyone else, this is just a bunch of rubber bands," he said. "But to me they are Polish birth control devices."

"Comedians view everything differently...my favorite comedian is the late John Lennon. His songs were really very sarcastic about life, and very funny," Gipson said.

is southern Louisiana. "The people grammers, CAPS.

Self-caricature by comedian and cartoonist SteveGipson.

down there are very crazy," he said. "The senior graduation parties begin in the eighth grade, and never

"My main goal in life is to give my kids a sense of humor," Gipson said. "If you give them a sense of humor, then they are truly prepared for the

Gipson's next performances are in Atlanta, Dallas, and Seattle. However, he would like to come back to Northwest and perform. He believes the students here had a

good sense of humor. Gipson's performance was spon-Gipson's favorite area to perform sored by Campus Activity Pro-

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Marimbist performs concert

America's foremost classic marimbist, Leigh Howard Stevens will be on the Northwest campus today, Thrusday, Oct. 2, in the Charles Johnson Theater in the Olive DeLuce Fine Arts Building

Stevens' performance ranges from Renaissance music and the Preludes and Fugues of J.S. Bach, to original Marimba works written by contemporary and avant-garde American and Japanese composers. This unaccompanied literature is considered to be technically and musically impossible by one player, but Stevens developed a revolutionary method-an independent four-mallet technique. His method is shared by precussionists worldwide.

In the field of percussion Stevens' has written a book 'Method of Movement for Marimba.' The subject of the text is the fourmallet technique. He is currently serving on the educational staff

Fall fashions appear in union

A Festival of Fall Fashion, sponsored by the Beta Sigma Phi, Xi Zeta Chapter, will be held in Maryville on Sunday, Oct. 5. These Fall Fashions will be appearing in the NWMSU Ballroom in the J.W. Jones Student Union.

To take part in this event you must purchase a ticket from any one of these Maryville stores: J.C. Penney, Field's, Maurices, Tobers, Livingstons, the Clothes Horse, Town and Country, Clara's Fashion, or Kid's Stuff. You may also purchase tickets at the door the day of the show. The fee is \$2 and part of the proceeds will go to the community service projects.

'Little Foxes' shows on campus

'Little Foxes' will be shown Sunday, Oct. 5. It is a William Wyler film classic and the second film in the International Film Series at Northwest.

The film is an adaptation of the 1941 Lillian Hellman play. It will be shown in the Wells Hall Aditorium. The film will start at 7 p.m. with a short background introduction of the movie.

Bette Davis, Herbert Marshall, Teresa Wright and Dan Duryea star in the film. Davis received an Academy Award nomiation for her role as Regina Gibbions, the relentlessly greedy monarch of a Southern family.

'La Strada' will be presented on Sunday, Oct. 26, and the film 'Accident' will be shown on Sunday, Jan. 25.

The Northwest International Film Series receives funding from the Missouri Committee for the Humanitees, a state funded organizaton.

Admission for the movie is \$1.

Patrica Mitch holds seminar

Patricia Mitch, assistant professor of home economics at Northwest, will speak on stress.

Though grants she has received from the Missouri State Department of Education and Northwest's center for Applied Research, Mitch is presenting a seminar, 'Balancing Work and Family.'

The purpose of this seminar is to provide information and management techniques to meet the needs of an individual company. The seminar will focus on the individual, as a working par-

ent and as a family member.

Her seminar will be held on Tuesday, Oct. 7, for the staff and the employees of the Laclede Chain Manufacturing Company in Maryville. The sessions will be held during shift changes so both day and evening shifts can attend.

Oct. 2, 1986 A CIIVIII

Thursday

- Mass and a Movie, The
- Newman House, 9 p.m. Library Automated System
- down, Owens Library IFC Meeting, Upper
- Lakeview Room 4 p.m.
 Dolphins Swim Club Meeting Foster Aquatic Center,
- 7 p.m. Delta Sigma Phi Meeting, Northwest Room, J.W. Jones Student Union, 9
- Christian Campus Fellowship, Governor's Room,
- Union, 7 p.m. TKE Daughters Meeting, Upper Lakeview Room,
- 5:30 p.m. Chi Alpha Christian Fellowship, Hake Hall, 7:30
- Pi Sigma Alpha and Political Science Meeting, Stockmen Room, Union, 5:30 p.m.
- Variety Show ticket sales, Union Office, 11 a.m.

Friday

Variety Show tickets sales, Union Office, 11 a.m.



- Bearcat Football, Northeast Missouri State, 1:30 p.m.
- Bearcat/Bearkitten Cross Country, Rolla Invitational
- Bearcat Baseball vs. Lincoln College, Bearcat Field,

· Catholic Mass, The Newman House, 6:15 p.m.

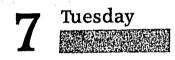
Sundav

- Bearcat Baseball vs. Lincoln College, Bearcat Field, noon
- Catholic Mass, The Newman House, 9 a.m.
- Catholic Mass, Union, 11
- **International Film Series** presents 'Little Foxes,' Wells Auditorium, 7 p.m.
- Newman Council Meeting, The Newman House, 7

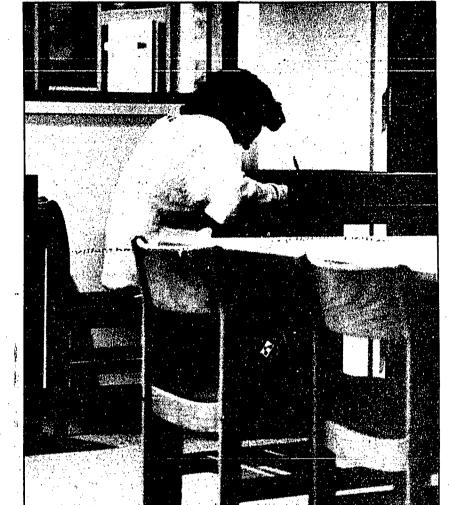
Monday



- Pi Beta Alpha Meeting, Multi-purpose Room, 6
- Variety Show tickets sales, Union Information Desk, 10 a.m. and Union Office, 11 a.m.
- Mid-semester examinations
- Freshman Football, Iowa Central Community College, 7:30 p.m.
- Graduate Council Meeting, VPAA Conference Room, Union, 4 p.m.



- · Bearkitten Volleyball, Missouri Western, 7 p.m.
- US Marines Job Interview,



Midterm exams generally spell "ulcers" for many students. However, this Northwest student, with pen-in-hand, gears up for exams in the B.D. Owens Library.

Lower Lakeview Room, Union

 Homecoming Clowns Prejudging, Lamkin Gym, 7



Variety Show tickets sales, Union Office, 11 a.m.

Wednesday

- · Last day to put class-pass/fail, Registrar's Office Variety Show tickets sales,
- Union Office, 11 a.m.

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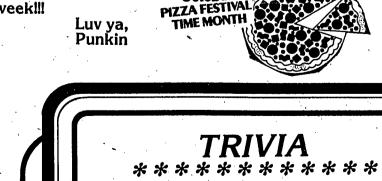


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SPORTS:

What city hosts college football's annual Peach Bowl?

ANSWER: Atlanta, Georgia.

SOAPS:

Who was the first murder victim on "All My Children"? ANSWER: Jason Maxwell.

Annual 'Hickory Stick' game provides conference foe

BY KEN DEVANNEY Staff Writer

The Bearcat football squad will be trying to end a current three game losing streak this Saturday when they battle Northeast. But they also have extra incentive to play hard; to the victors of Saturday's game goes possession of the 'Hickory Stick'.

The stick is a trophy whose origin dates back to 1931 when Northeast first captured it following a 26-20 victory over the 'Cats. The Bulldogs still retain possession of the stick after last year's

This Saturday's contest also marks the opening of conference play for both squads. The 'Cats find themselves with a new lease on life after stumbling through a 1-3 start thus far.

"Whether we are 4-0 or 0-4, we always approach the conference schedule like the first game of the vear." Defensive Coordinator Bob Green said. "We think that we have a chance to be a team to beat in the conference race."

The Bearcats find themselves going up against a Bulldog squad that is riding a six game Missouri Intercollegiate Athletic Association winning streak. Head Coach Jack Ball's squad finished 8-3 overall last year and a perfect 5-0 finish in the conference. This earned them the conference championship last year.

However, this year Northeast finds itself with some critical holes to fill on offense. The Bulldogs have lost 11 lettermen from last year. Eight of the departures earned all-league honors, and three players were also all-americans.

The 'Dogs are currently 2-2 so far this season. Last week, they were

smashed 34-0 by Northern Michigan. Meanwhile, two costly turnovers near the end of the first half sealed the Bearcat's fate on Saturday. The University of Wisconsin-Stevens Point was able to tame the 'Cats 49-21.

Not only did the 'Cats lose the game, but possibly the services of quarterback Dennis Bene. Bene is questionable for the upcoming game after receiving a shot to the head that removed him from last week's game.

Reserve quarterback Tom Kruse filled in amply during the second half, throwing two touchdown passes to back up wide receiver Phillip Quinn.

Northeast has won their share of games against the 'Cats. The 'Dogs have a 43-18-4 advantage over the 'Cats. Northeast has also compiled a record of 31-16-4 since the 'Hickory Stick's' introduction.

The two-and-one-half foot piece of wood has been the winning prize in the past 55 years. The rivalry is the third oldest traditional game in both Division II and Division III.

However, Bearcat linebacker Brad Rischer feels the stick is more for the fans.

"When we ('Cats) are down on the field, there is a rivalry but I'm basically concentrating on my job," Rischer said

Northwest will more than likely fair better against the 'Dogs than they did the first time the two

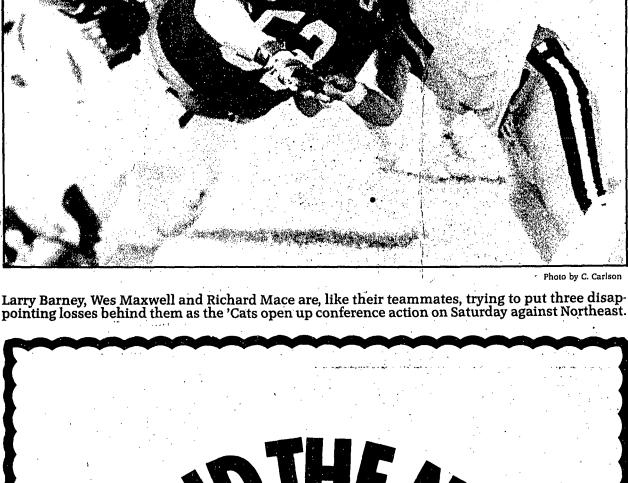
schools met in 1908. In that first

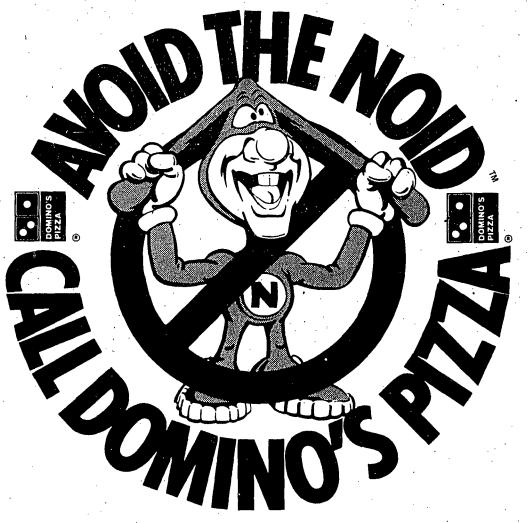
meeting, Northwest was taken apart by a score of 63-0. To add insult to injury, the next time the two schools met, Northeast staked a 92-0 victory in 1916. The first Bearcat victory did not come until 1923, when they won 15-7.



Larry Barney, Wes Maxwell and Richard Mace are, like their teammates, trying to put three disap-









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DOMINO'S

DELIVERS

Revised organization stresses changes within Northwest recreational programs

BY TROY APOSTOL **Sports Editor**

In past school years, authority over several campus programs was up in the air. Each year, a different person was in charge of the activities. However that has changed for this season.

In fact, a lot has changed with student-oriented athletic activities. No longer does Northwest have just an an intramurals program. Instead, the overall program has been revised and now falls under the name of "Campus Recreation."

"Campus recreation is now in charge of intramurals, as well as recreational facilities and the outdoors program," Campus Recreation director Bob Lade said. "Last year, the programs were virtually handed to us, so this year we just took care of it all."

But the basic intramural's program has not changed. They have added a few sports such as wiffle ball, the Hot-Shot basketball shooting contest, and a Punt, Pass, and Kick contest. But these sports are being rotated with others from last year. Next year, the line-up of activities will rotate to include a few others.

"We don't drop sports from the program," Lade said. "We just alternate them year-to-year, one year will have a sport, and next year it will be replaced."

Competition is officiated by student referees. Each referee receives \$3.35 per game. Lade tries o fill officiating jobs with a

many work/study students as possible, but others can referee.

Students interested in officiating are required to attend meetings, although no classes are required.

Lade, and several graduate assistants, run the Outdoor Program. The assistants are in charge of a certain area, and Lade oversees the entire operation.

What part of the program which has had success in the past is the intramural program. The season has already posted championships in a few events.

The Battle-of-the-Beef contest was won by the Phi Sigma Kappa Chodes, who outpulled the Delta Chi Nationals in the tug-of-war event. In the women's division, the Little Pink House outpulled the Delta Zetas, to capture the championship.

The poor weather outside could not stop the battle for the championship, and nobody could stop the FUBAR team, who defeated the Phi Mu Houseplants for the title.

INTRAMURAL FOOTBALL LEADERS *as of October 1

INDEPENDENT MEN

A DIVISION

Lagnaf 3-0

B DIVISION

Zoids 4-0

FRATERNITY

E DIVISION

F DIVISION

C DIVISION

D DIVISION.

Ball Busters 3-0

The Skeezer Pleezers 3-0

Phi Sigma Kappa Chodes 4-0

Delta Chi Nationals 3-0

WOMEN **G DIVISION**

Chi Delphians 2-0

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Additional members sought for squad

BY TROY APOSTOL **Sports Editor**

In the fall of 1947, the idea of a club at Northwest for synchronized swimming was born. The group flourished until last year when the Sigma Phi Dolphin synchronized swimming club ceased to exist due to a lack of participation.

But its demise was short-lived. The club is back in the water this year, and is already preparing to do a show for next spring.

"The club is financed through the Department of Health and Physical Education," Barbara Bernard, instructor, said. "We use that money to buy equipment needed for a synchronized swimming show."

The budget covers the cost of costumes, lighting and scenery for a series of shows running on March 26, 27 and 29.

Yet the Sigma Phi Dolphin club is still in need of additional members. Currently thirteen girls partake in the organization, but Bernard would enjoy seeing that number increase. For that reason, the Dol- tial in the sport. phins have publicized about their group with various handouts and posters. However Bernard feels many students are weary of the work that is involved in synchronized swimming.

"After the 1984 Summer Olympics, many people thought that synchronized swimming took a lot of effort," Bernard explained. "It does on the competitive level such as the Olympics, but what we want are people who know the basics of swimming."

The group does not compete with other schools for the simple fact that many schools don't have a group similiar to the Dolphins. Yet Bernard feels the girls who make up the group must be very dedicated.

The swimmers meet once a week, on Thursday nights, for two hours. Members also pay a yearly fee of \$5. Clinics are set up on Thursday nights to teach the girls the movement of synchronized swimming, and to look at a swimmer's poten-

"To be good in the sport, a swimmer must be in excellent shape," Bernard said. "A routine in synchronized swimming may last two to three minutes, it is a lot of endurance swimming."

Bernard was attracted to the sport early on in her life, and still enjoys it for its gracefulness. In the fall of 1966, she took over responsibility of the group, and has been with them ever since.

"Participation in the group has gone up and down since I have been here," Bernard said. "I've gone with the idea that you need about 15 swimmers to put on a show."

Bernard has seen participation rise to a peak of about 19 people since she has been with the group.

Aside from the Dolphins, there are also classes offered in synchronized swimming during the spring semester.

"The girls who are out for the club this year are picking the sport up quite rapidly," Bernard said.



Two members of the Sigma Phi Dolphin synchronized swimming club work on form during one of the groups practices. The club gets together every Thursday night, and practice for two hours.

Sideline

Tom Funk became only the second former Bearcat baseball player to appear in the major leagues when he was called up by the Houston Astros from their minor league system earlier this season. Although Funk is still on the Astro's roster, he is ineligible to play in the National League playoffs.

Bearcat receiver Derrick Moore is tied for the lead in total scoring among receivers in the Missouri Intercollegiate Athletic Association conference. Moore currently is tied with the University of Missouri-Rolla's fieldgoal kicker. Both players have scored a total of 32 points on the season, averaging eight points a game. New to the Campus Recreation program is an award given to in-

tramural athletes of the week. This week's athletes of the week are Vick Clay and Ann Mickels.

The next four Bearcat football games are against opponents in the MIAA conference.

Spikers watch record fall at Invite

BY KEN DEVANNEY Staff Writer

The Northwest Missouri State volleyball team traveled up to Cedar Falls, Iowa, this past weekend, capturing third place in the University of Northern Iowa Invitational. The Bearkittens were able to squeeze a victory in between' two losses, but watched as their record fell to 7-9 on the year.

The tournament began for the 'Kittens with a match on Friday against the host Panthers. UNI, entering the match with a 9-1 record, showed Northwest no mercy in posting 15-4, 15-1, and 15-4 decisions.

Northwest's Nancy Pfeifler

recorded six kills, and Tanya Carson had nine assists. Susie Thomas also stood out for the 'Kittens.

Coach Cathie Schulte's squad could muster no serving aces and had a kill percentage of just .140. "UNI is a Division I school,"

Schulte said. "We had a pretty good weekend, they were just a little bit better than us and we got outplayed." After a good night's sleep, the

Bearkittens were able to turn things around. The spikers posted their only win of the weekend on Saturday against St. Louis University.

A fourth game score of 15-9 provided the victory for Northwest after the first three games ended 15-12, 11-15, and 15-8.

Once again Susie Thomas led the way for the 'Kittens with 12 kills. Nancy Pfeifler remained consistent by posting 18 assists, as Northwest evened their tournament record to 1-1.

The fourth and final team that the Bearkittens faced in the tournament returned Northwest to the loss column. Western Illinois University overpowered the 'Kittens by scores of 15-1, 15-4, and 15-10.

Kathy Webb's four kills led a Bearkitten offense that once again recorded no serving aces and an almost non-existent kill percentage of .083.

The Bearkitten spikers will take

this weekend off before returning to action on Tuesday, October 7 against Missouri Western.

Susie Thomas feels that the 'Kittens can win if they play hard.

"Last time we played them (Mo West) it was at the end of the day and I think we got kind of tired," Thomas said. "We're definitely going to be pumped up going into

their tournament." The two teams have already met once this year with the Golden Griffons coming away with a slim \ five-game victory over Northwest at the Bearkitten Invitational in early September.

"For us to win on Tuesday we have to play a little more consistent and perform better at the net."

